



Province V In the News

Volume 1, Issue 1

September 2007

The Official Newsletter of Province V

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MIDYEAR 2007

October 12-13, 2007

Hosted by Beta Lambda
Park Inn, Toledo OH

Collegiate Registration \$75

Graduate Registration \$85

Registration Due 9/21/07

For more info, visit:
www.kappapsi5.com

Beta Upsilon Named Province V Chapter of the Year at 53rd GCC

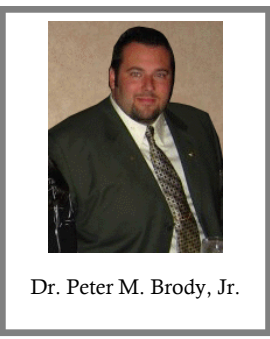
Congratulations to the 85 brothers of Beta Upsilon at Butler University in Indianapolis, Indiana, for being named the top Kappa Psi chapter in Province V at the 53rd GCC. The award was presented at the 4th Biennial Scholarship Luncheon to Regent Megan Tolen.



In addition to hanging out at Buffalo Wild Wings after each meeting, various cook-outs/cornhole tournaments, and an annual summer camping trip, Beta Upsilon brothers are involved in many philanthropic and fundraising activities. Each year, brothers sell blood pressure cuffs and stethoscopes to the P1s to raise funds for the chapter, and this past year, they sold Nalgene's bearing the school logo. The biggest activity during pledging is hosting the Big Brothers/Big Sisters Halloween Party, as well as Trick or Treating for canned goods for the Lighthouse Mission. Brothers participate in Butler's annual Relay for Life, and the chapter plans events periodically with Riley's Children's Hospital. They are always collecting pop tabs to benefit the Ronald McDonald House, and some brothers help with Medicare Part D signups in conjunction with HS Explorers and PLS.

So how does Beta Upsilon pick pledges and train them to become great brothers? Right now they are in the midst of rush, which consists of three different interest sessions on campus for students interested in Kappa Psi. In the past, potential pledges were selected by a pledge selection committee, but the chapter has recently opened up discussion to the rest of the brothers so that everyone can be more involved. Bids will be delivered to about 20 pledges the second to last week in September. The pledging process begins in October and lasts through the first weekend in December. Pledges meet one or two nights a week for two hours, and are expected to learn the history of Kappa Psi, as well as info about Beta Upsilon, Province V, national officers, and the Greek alphabet. This year, Beta Upsilon is *(continued on page 6)*

What Does it Take to Be GCD of the Year?



Dr. Peter M. Brody, Jr.

Dr. Peter M. Brody, Jr. quite possibly wears more hats of responsibility than any brother currently in Kappa Psi. As a 1998 initiate of Gamma Iota chapter at the University at Buffalo, he has been

Gamma Iota Grand Council Deputy (GCD), Vice Regent of Buffalo Grad, Province V Alternate GCC Delegate, and Province X Supervisor concurrently for the past several years. You may remember him from his two consecutive terms as Satrap of Province V. Most recently at the 53rd GCC in Boston, he was elected to Graduate Member-at-Large, and is very excited to *(continued on page 7)*

Risky Business

Thank you for reading the first installment of the new and improved Province V Newsletter! I hope you and your brothers find it useful and informative!

What is the most important thing to your chapter? Is it having a good time today, or ensuring that your chapter is stable and successful for years to come? If you chose the latter, you are in good company in Kappa Psi. Risk Management policies allow chapters to prepare for the unknown by taking appropriate measures to minimize risk, thus assuring the safety and well-being of members and non-members interacting with a Chapter, Province or the Fraternity in any way. Kappa Psi has a national risk management policy that addresses hazing, alcohol and substance abuse, sexual harassment, and education of these policies. Your chapter should be reviewing these policies each semester when you are asked to sign off on them in the Fall and Spring packets, but are your brothers really using them to plan your activities? It is certainly okay to have fun at parties, but how are you ensuring that no one gets hurt?

Please take the time to review the national Risk Management Policy online at www.kappapsi.org, and also create a policy specific to your chapter. Many chapters have copies of their policies online, so use those as a starting place to have some serious discussions with your brothers.

It's easier to prevent bad things from happening, instead of picking up the pieces later when something unfortunate occurs. If you truly care about Kappa Psi, you will use the risk management policies in a positive way to ensure the safety of your brothers.

Erin M. Walsh
Satrap

GCC is the Place to Be!

The Grand Council Convention
Held every two years
To conduct fraternal business
And network with peers

We plan months in advance
Get tickets and reservations
To meet with our Brothers
In one central location

With maps for our journey
And our luggage to boot
We set off for adventure
(And it's always a hoot)

Hours at the airport
Scores of miles in the car
And half of the time
We're not quite sure where we are



Finally we arrive
With much anticipation
To the greetings of friends
From across this great nation

We laugh and we hug
Then we get settled in
Knowing at least for a few days
We're all together again

In meetings and workshops
Ideas are presented
And all through this time
Brotherhood is cemented

We have cultural tours

And always great food
That helps to sustain
Our jovial mood

New friendships are sparked
Old friendships rekindled
But time quickly runs short
And in that, we feel swindled

In the blink of an eye
Our Convention is through
And we travel back home
To what we normally do

But why go at all
If our time is so fleeting?
Why spend all that money
To go to a meeting?

My answer is simple
For at the Convention
My true purpose there
Is to make a real connection

I'm speaking of a moment
That truly is rare
Where a Brother bares his soul
And lets you see what's in there

These are the times
When we let down our defenses
To express a pure thought
That has no pretenses

To connect with a person
No matter how briefly
Is a magical moment
And my purpose, chiefly

The similarities with my Brothers
Never cease to amaze me
While shared thoughts and dreams
Make me wonder what could be

Why is GCC
The best time for this?
Because there we have time
To talk and reminisce

So the next time around
Please try and attend
For at GCC you realize
What truly makes a great friend

Timothy Borowiak
Province V GCC Delegate

Focus on Philanthropy

Hopefully you have all had a great summer, it was great to see so many of you in Boston for GCC! With collegiate chapters starting school now, I am sure all of you have been plenty busy. I wanted to take this time though to remind all the Chapters of our philanthropy project.

As you all know, we have chosen "Pediatrics" as our project for the Province this year. This is a really important cause and through all of the hard work done by our Chapters, I feel we can have an important impact on the community. There are many ways that your Chapter can participate in this project. Here are just a few of the many different ways your Chapter can help.

Bear Necessities - A national organization whose mission is to eliminate pediatric cancer and to provide hope and support to those who are touched by it.

Big Brothers/Big Sisters - Big Brothers Big Sisters matches children ages 6 through 18 with mentors in professionally supported one-to-one relationships.

Make-A-Wish Foundation - Foundation that has enriched the lives of children with life-threatening medical conditions through its wish-granting work.

St. Jude Children's Research Hospital - Multiple different ways you can donate or volunteer and offers many opportunities to participate in fund-raising events and promotions around the country.

H.O.P.E (Helping Orphans Pursue Education) - An organization dedicated to providing children around the world with the opportunity to reach their goals.

Feed the Children - Provide desperately needed food and necessities to



meet immediate needs, especially children who have been victims of disasters such as Hurricane Katrina.

Many of these organizations have opportunities for your Chapter to participate as a group. Another way to support them is to raise funds which are greatly needed to support their programs. If every Chapter supports one of the many pediatric causes, we can make a huge difference in many children's lives. Keep up the hard work I know all of you are doing and thanks for making a difference!

Fraternally yours,

Neil V. Patel, Vice Satrap

"Who are we?"- Kappa Psi!

"Who are we?"- Kappa Psi!

"Who are we?"- Kappa Psi!

"What's our motto?"-

One for all and all for one!

Who Are We? Kappa Psi!

Get excited for a new chapter of the Kappa Psi Pharmaceutical Fraternity. Our new Grand Regent Lawrence Brown has challenged us to take an active role in Kappa Psi by expanding the fraternity, leading within the fraternity, and uniting together in an effort to promote our great fraternity.

You may be asking yourself: how can I lead, unite, and expand the fraternity? Easy, get involved! Whether it is joining a National KY Committee, attending a Province Meeting or Assembly, or taking an active role in your collegiate or graduate chapter, the more active brothers we have the stronger our bonds of brotherhood grow.

The history of Kappa Psi is embedded in tradition and the cornerstones of the fraternity: fellowship, industry, sobriety, and high ideals. It is important to remember that the Brotherhood of Kappa Psi extends well beyond the years of pharmacy school. We are making Kappa Psi history and will determine the fate of our fraternity.

Province V was strongly represented this summer at the 53rd Grand Council Convention. The officers and brothers who attended stepped it up and participated in legislative hearings, poker tournament, golf outing, social events, raffle, workshops, and promoted the brotherhood of Kappa Psi. I encourage every Brother in the Province to get involved! Whether it is as the chapter, province, or national level: you will only get out of the fraternity what you put into the fraternity.

And so, my fellow Brothers: ask not what Kappa Psi can do for you—ask what you can do for Kappa Psi. My fellow Brothers of Province V: ask not what Kappa Psi will do for you, but what together we can do for the future of the Fraternity.

Kate Nelson, PharmD
Province V Historian

What Sets Us Apart? The Ritual

With the start of a new academic year upon us and as the Province Chaplain, I would like to take this opportunity to remind our brothers and chapters about some pertinent information concerning their use of the rituals and local ordinances. As a basic reminder, any Ritual books and Insignia plaques must be kept under lock and key and never left in an unsecured public location. If you have any questions on this matter, please contact me.

Secondly, new Ritual books were distributed by the Grand Ritualist and in conjunction with the Central Office in

Spring 2007. The new Ritual books have a gray cover and replace the 2005 Ritual book edition, which featured a red cover. The red 2005 Ritual books have been officially recalled by the Fraternity and should not be in use by your chapter. The red books contain numerous misprintings and omissions, along with a difficult font to read. Please return any red books to Grand Ritualist Melissa O'Neill (her mailing address is on the international website).

While I am sure you have already heard this, the rituals of this Frater-

nity are what sets us apart from other pharmacy organizations and is our link in history back to the era of F. Harvey Smith and Preston Eldridge Jr.! There can be nothing for your chapter to take more seriously than both including the use of the rituals in your chapter meetings and giving the rituals the proper respect they deserve. I strongly encourage all our chapters to use the rituals to open and close each and every meeting, and pick at least one or two meetings per semester where your chapter uses the full ritual instead of the abbreviated version. In
(continued on page 6)

New and Improved Chapter of the Year Form

Greetings Brothers! As you begin your semesters, I'd like to introduce you to our new Province V Chapter of the Year Form. It now uses the Excel format and a point system to make it easier to compare chapter progress and to distinguish the best chapter. Like the old form, this one is divided into four sections based on our four cornerstones:

Industry, Sobriety, Fellowship and High Ideals. The form features easy-to-use drop down menus and automatically totals the point column for a speedier, more efficient process.

There is a worksheet on the form that provides space for listing information about events held and attendance at Province V events. At the end is a section for suggestions so that you can all help to improve the form. In this way, we can continually work to better as-

Kappa Psi Pharmaceutical Fraternity			
Province V Chapter of the Year Award Form			
Purpose: This award is given to the Chapter that not only represents Fellowship, Industry, Sobriety and High Ideals within its own Chapter, but also extending their devotion at the Province level.			
Collegiate Chapter	Select chapter		
Current number of active brothers	0		
I. FELLOWSHIP			
Section A: Membership			
1 Membership Totals			
Collegiate Brothers	0	Current Semester	
Pledges	0		
Faculty Members	0		
Collegiate Brothers	0	Previous Semester	
Pledges	0		
Faculty Members	0		
Collegiate Brothers	0	Previous Year	
Pledges	0		
Faculty Members	0		
	POSSIBLE POINTS	YOUR POINTS	FURTHER INSTRUCTIONS OR NOTES
2 Brothers attending Province V Midyear Meeting October 2007, Toledo	100	0	** Please include names of Brothers in Worksheet A ** Awarding of Points 1-25% of chapter in attendance: 25 points 26-50%: 50 points +50%: 100 points

I encourage you all to take some time and look over this form with your chapter. You should use this form, in addition to the national Chapter of the Year form, throughout the school year as a guide for your chapter's activities and general recordkeeping. These forms outline exactly what your province and national officers are looking for in a successful chapter. They are great resources and you should definitely take

advantage of them! If you have any questions about filling out or submitting the Chapter of the Year form, feel free to contact me anytime. I look forward to seeing you all at Mid-year. Have a great semester!!

Proud to be Your Brother,
Lindsey Berlinghoff
Province V Secretary/Treasurer

I want to thank Dr. Craig Burkin for helping me immensely by putting the form into the Excel format. His genius with Excel and with everything related to computers made creating the new form possible. The form will now be available on the Province V website and completed forms should be sent to me via email at lumberlinghoff@yahoo.com by March 1st, 2008.

sess each chapter's accomplishments.

Why Use Robert's Rules of Order?

Running a meeting efficiently and productively is not something that everyone is born to do. However it is something that one can learn in a fairly simple manner if one were to implement Robert's Rules of Order. Originally created by Henry Martyn Robert, an officer in the army who was asked to spontaneously preside over a church meeting without any foreknowledge, he needed a way to quell the anarchy of thoughts that naturally arose from coupling groups of individuals from different backgrounds and their rights to free speech per the Bill of Rights. Before our chapter began implementing the Robert's Rules of Order, our formal meetings would last hours. However, with careful application of a simplified version of these parliamentary procedures, we were able to accomplish what used to take three hours in only half an hour! You can imagine our delight walking out of the meeting while the sun was still up. In the following newsletters, I will be breaking down Robert's Rules of Order in such a way that any person can conduct their meetings and accomplish goals in a drastically shorter amount of time than previously experienced while still allowing for people to express their thoughts.

Dominic Chan, Province V Parliamentarian



Vice Satrap Neil Patel encourages each chapter to use proper parliamentary procedure and Robert's Rules of Order in each meeting!

The Importance of Online Communication

In today's world, very little can be accomplished without using the internet. With an organization as large as Kappa Psi, the internet can be used as a great tool of communication within the fraternity.

As most of us know, Province V is the largest Province in the fraternity and this can work for and also against us. As the largest province, we tend to have less communication amongst us between our two assemblies per year. Therefore we know that we have to work that much harder to keep our information as current and accurate as possible.

As I've looked through the Province website, I notice that many pages of the website are not as current as I would like. Our website and forms of online information could be a lot better, but our great lack of communication hinders this from being accomplished. We need active participation from all chapters and all brothers in order for many of the goals I have for this website to become possible. I would love more photos, interactive sections, philanthropy events, and chapter specific events (non-philanthropy related) to be able to be posted so that we all can enjoy our brotherhood that much more and continue to narrow that communication gap.

Take the time to also visit and explore the areas of the Yahoo group for Province V, another large communication resource. Forms, messages, and documents are posted here for all brothers to view. We must learn to utilize our tools of communication and not take them for granted. Please motivate your respective chapters to participate in helping to make this great website become even better. Send me your pictures, chapter plans, and any comments or suggestions you have. They are all welcome will all be considered. I hope to see you all soon.

Fraternally,

Jennifer A. Suminski (jen_suminski@yahoo.com)

Province V Webmaster

*Congratulations to the brothers of Beta Lambda at the University of Toledo for winning the William R. Smith Most Improved Chapter Award at the 53rd GCC.
Great job guys!*

BU (con't)

planning on introducing the pledges to their big brothers early in the process, so that bigs can become mentors for their littles. Pledges are also required to plan an event for the brothers, and to meet and get signatures from at least 60 active brothers.

The chapter is not without its struggles though: they would like to improve their alumni relations through more participation in Indiana Grad, and it's their goal this year to focus more on the relationships between bigs and littles, thus inspiring more brothers to participate in activities. However, they do an excellent job participating in philanthropic events throughout the year (both on and off campus), and being involved with the fraternity and other student groups. Beta Upsilon is unique in that they have a fairly large chapter for such a small university, and even though they are a large and diverse group, they are a very close knit group of brothers.

Best of luck to our Beta Upsilon brothers, the #1 chapter in Province V!

**Help the brothers of Gamma Iota
and Buffalo Grad**

Step Out for Diabetes

September 29, 2007

Buffalo, New York

Go to the link on
www.kappapsi5.com to donate
money

Change the face of Diabetes by
raising funds to bring a greater
awareness to this disease

*Congratulations to our newest
reactivated graduate chapter.
Welcome Back Cleveland Grad!*

See you at Spring Assembly!



Do You Yahoo?

The main method of communication between the Province V Executive Committee and the brothers and chapters of Province V is the Province V Yahoo Group. The site can be found at <http://groups.yahoo.com/group/KappaPsiProvinceV> and is linked from our home page (www.kappapsi5.com).

All brothers are asked to sign up to receive updates from the Province and other chapters. Your membership must be approved by a moderator, to prevent spam emailers from joining the group, and also to protect personal information. Go to the Yahoo page and click the blue "Join this Group" button. If you have any questions, please email the moderator at mjvedder23@msn.com.

Also, feel free to post and let the Province know about upcoming events in your chapter!

Chaplain (con't)

In addition to the two great reasons I've already mentioned, your chapter can earn points on the national chapter of the year form - the Chapter Progress Report form - by correctly using rituals and the full rituals to open and close meetings with. It has been a long time since Province V has placed a collegiate chapter in the top ten nationally... let's start down the road of correcting that by making sure your chapter uses our rituals!

Finally, I would encourage all chapters in the Province to continuously update their local ordinances (chapter by-laws). Your local ordinances should lay out the road map for how your chapter functions. All your major policies and rules should be in your local ordinances. Please refer to the Kappa Psi Constitution for the correct chapter-level procedure for creating and approving any changes to your chapter by-laws. Yes, there is a specific procedure laid out in Constitution for doing so. Upon approval by your chapter, then submit your revised by-laws for approval to the Grand Counselor, who is Andrew Frasco for the 2007-09 term. I would especially like to encourage the following chapters to update their by-laws: Xi (1985), Upsilon (1985), Chi (1995), Beta Psi (1995), and Mu Omicron Pi (1986). The date in parentheses is the last approval date of by-laws for those chapters by the Grand Counselor. There are now blank templates on the international website which were developed by Becky Fahrenbruch to help chapters write their by-laws or you can always download another chapter's by-laws to get ideas and see how theirs are set-up. Again, please contact either myself or Grand Counselor Andy Frasco for assistance with your by-laws.

Fraternally,

Craig Burkin, PharmD
Province V Chaplain, 2007-08
Kappa Psi International Webmaster

GCD of the Year (continued)

work for fraternity in this capacity.

At the Scholarship Luncheon at GCC, Pete was awarded the GCD of the Year award for his work with Gamma Iota. Pete has served as GCD of Gamma Iota for the past 4 years while holding the position of Clinical Assistant Professor at the University at Buffalo School of Pharmacy.

The basic responsibility of a GCD is to serve as a liaison between the Central Office and a collegiate chapter, and in most cases, to serve as a faculty advisor to the chapter on behalf of the school. This means making sure that the chapter is keeping up with their deadlines and fulfilling their responsibilities. However, Pete is quick to point out that this doesn't mean doing everything for the chapter. "I'm there to apply past experiences to help the current leaders of the chapter function effectively and efficiently, and be able to run the chapter independently", he says. Pete stays involved with Gamma Iota by attending all officer and ritual meetings, and as many chapter events as he can. Mainly, he acts as a resource for advisement in chapter business, and gives younger brothers a historical perspective on Kappa Psi.

Pete's involvement in both Gamma Iota and Buffalo Grad benefits both chapters immensely. Buffalo Grad brothers attend Gamma Iota meetings, and vice versa. They also participate in many co-hosted activities, such as the annual Buffalo Bills Tailgate and the Walk for Diabetes. By communicating each other's meetings and events, this keeps the chapters close and makes for a smoother transition once brothers graduate from UB and join the grad chapter.

What can your chapter do to get your GCD more involved? First, Pete says, make them feel like a part of the chapter and not an outsider. Include them in all communications, and invite them personally to each officer meeting, ritual meeting and all

events. Also, remember that your chapter can have multiple "chapter counselors" that can serve as advisors in other areas if your GCD isn't able to fulfill all of their obligations. It helps to have someone who is actively involved in a grad chapter (this shows that they are already involved in Kappa Psi), as well as someone who is on the faculty at your school (which makes it easier to obtain certain information from the school). Remember that the GCD is an elected position in your chapter, and that person has many responsibilities.

Sweeeeet Pete's GCD Litmus Test: "If there's something your chapter does that you feel uncomfortable having your GCD participate in, then you shouldn't be doing it."

So, what makes Pete the "GCD of the Year"? Of course, there's the standard love of Kappa Psi and wanting to make the fraternity better. Pete says "you can have these qualities, but if you aren't dedicated to attending meetings, showing up, and being proactive, you won't play a large role in the chapter. In the 4 years I was a collegiate, I met our GCD once! I'm there at least twice a month, so there's no way brothers won't have a relationship with me. I have an open door policy, too- I'm there for brothers outside of routine meetings, even if someone needs to talk on a personal basis about the fraternity, school, or anything else. You can't sit back, wait for something to go wrong, and then wait for brothers to come to you."

What if there are things your chapter does that you don't want the GCD to be involved in? Pete's GCD Litmus Test: "If there's something your chap-

ter does that you feel uncomfortable having your GCD participate in, then you shouldn't be doing it." However, being a GCD doesn't mean you can't be active, have fun, and do things with the chapter. "Yes, you should be a role model, but you don't have to act like you are above it all. There shouldn't be barriers between the GCD and the chapter, because we are all brothers who are equal, we just play different roles in the chapter."

According to Jordan Csati, Immediate Past Regent of Gamma Iota, "Pete was available to talk to at all hours of the day, and even in things not relating to KY. As he is also a current Clinical Assistant Professor at UB, he is able to give his advice in the area of academics too. There were many times that I would just stop by his office to talk about what is coming up with events, forms that were due, and the day to day ups and downs of being a PharmD student. Not only is he a great brother, but also a great leader and friend. We at Gamma Iota are lucky to have him!"

Midyear 2007: Toledo, OH

Schedule of Events:

Friday, October 12, 2007

3-9PM Registration

5PM Executive Committee Meeting

6-8PM General Meeting I

8PM Dinner at Tony Packo's

Saturday, October 13, 2007

9AM-12PM General Meeting II

12:30-1:30PM CE/Lunch

2PM GCC Workshop

2PM Pledge Workshop

3PM Ritual Workshop

4-7PM GCC Fund Poker Tournament

7-10PM Closing Dinner



Erin, Kate, Kevin, and Pete enjoy a night out sponsored by Mu chapter



Pi brothers enjoy the closing reception

Pitt, Columbus, and Cincinnati Grad show the brothers of Beta Lambda and Beta Phi a good time



Liz Poole helps John Pietkiewicz get ready for his New England Lobster Bake

Province V Brothers at the 53rd GCC



Neil, Kevin, and Robert taking part (?) in the Poker Tournament



Brothers from Buffalo Grad, Gamma Chi, and Gamma Iota bond over dinner

The Official Newsletter of Province V

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Got an interesting topic that you would like to see addressed in the next newsletter?
Know a brother who has accomplished something noteworthy?
Want to help out with the next newsletter?
Contact Satrap Erin Walsh
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